



## Practical Strategies for a More Meaningful Life: From Mundane to Magical (Paperback)

By Peter MD Phd Chang

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This first in an upcoming series of books devoted to the pursuit of a fulfilling life provides practicable strategies that all of us can do in our everyday life for developing, maintaining, and maximizing meaningful relationships. Are you ready to stop living like a vertical coffin just taking up space? Are you ready to know exactly what you want out of life, and to accomplish those things before you die? Are you walking around half awake, wasting your irreplaceable life on things that are really not that important to you? Are you chasing the wrong things in life? Are you ready to become more alive? With these and other probing questions, Peter Chang, MD, PhD, launches a series of profound and inspiring books that will lead you to a more meaningful and fulfilled life. Targeting topics such as relationships, happiness, family, work, spirituality, giving and serving, aging and dying, as well as wealth and attachment, these books create a map that will bring purpose to your life and guide you to discovering its meaning. As a scientist and a pragmatist who...



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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



### [Growing Up: From Baby to Adult High Beginning Book with Online Access](#)

Cambridge University Press, 2014. UNK. Book Condition: New. New Book. Shipped from US within 10 to 14 business days. Established seller since 2000.



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### [Anything You Want: 40 Lessons for a New Kind of Entrepreneur](#)

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