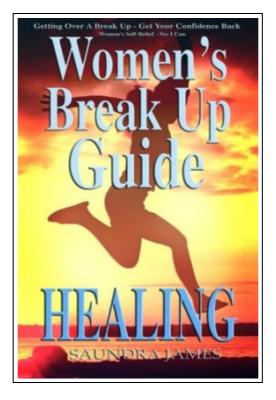
Healing: Women s Break Up Guide, Yes I Can, Getting Over a Break Up, Get Your Confidence Back, Women s Self-Belief (Paperback)



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HEALING: WOMEN S BREAK UP GUIDE, YES I CAN, GETTING OVER A BREAK UP, GET YOUR CONFIDENCE BACK, WOMEN S SELF-BELIEF (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. Accepting that your relationship is over is very hard, right? Whether you initiated the break-up or you were the that was dumped, finding your feet again can be very lonely. In my inspirational and comprehensive guide to dealing with a break up, we will journey through post anger, sadness and pain and come out the other side with a renewed sense of hunger to experience life, happiness and to relish the change in your very soul. You will learn things about yourself you never thought possible. 12 Essential Reasons This book will Change the Way You View a Break Up and Help You Through the Pain:1. How to get out of a mental Stasis 2. The Main Reasons for the Break Up -3. What a Man is Thinking after the Break Up4. How a Man Breaks Up Reveals Everything5. What are the Emotions Involved in a Breakup?6. Handling the Break Up through Facebook, Instagram, Twitter7. how To Bouncing back!8. Why A Strong Women will Always Win9. Are You Thinking about your Ex back?10. Breaking Free of your Own Chains11. Avoiding the Huge Mistakes when Meeting a New Man12. How To Believe in Yourself AgainDepending on your situation you may have to deal with a multitude of other things such as your children, finances, job, moving home, all of these things and more AND deal with a broken heart! It can be crippling. But it doesn t have to be. I m going to help you get back to being you, back to being that strong independent woman you knew you could be. I cover everything in easy to understand plain language.Imagine for just once single second what it would...

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