



## Military Sexual Trauma: A Brief Overview (Paperback)

By Miette Wells Ph D

Wells 2000, LLC, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A brief overview of Military Sexual Trauma . about 1 in 4 women and 1 in 100 men respond yes, that they experienced MST, when screened by their VA provider. Although rates of MST are higher among women, because there are so many more men than women in the military, there are actually significant numbers of women and men seen in VA who have experienced MST (va.gov, 2015). Military Sexual Trauma (MST) is a term used by the VA to refer to any sexual assault or sexual harassment, which includes any sexual activity where someone is involved against their will, while the person was on active duty in the US military. This book briefly covers the history of the term and unique circumstances which sets it apart from other traumas, even other sexual traumas; at the same time affirming a finite definition. A substantial misunderstanding is that MST is a mental diagnosis. Military Sexual Trauma is an experience, not a diagnosis, you cannot have MST, just as you cannot have a sexual assault; they can only be experienced. -My most frightful nightmares...



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