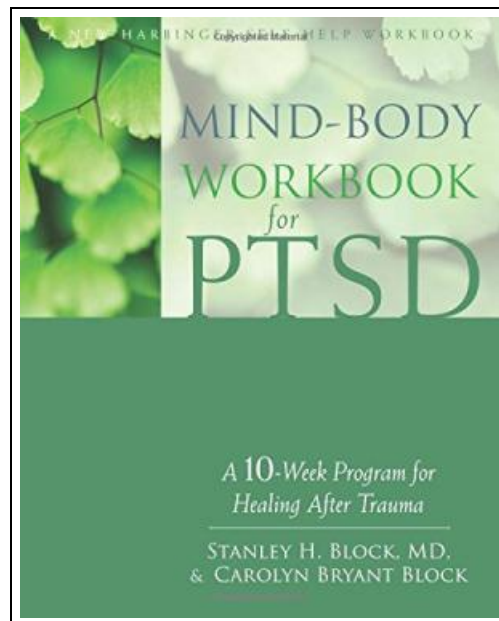


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MIND-BODY WORKBOOK FOR PTSD: A 10-WEEK PROGRAM FOR HEALING AFTER TRAUMA



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