



Gratitude Journal: 100 Days of Gratitude Diary (Paperback)

By Journal Ink Press

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Each day, sit for a few minutes and reflect on what happened during your day, the people you met, and the blessings that surrounded you. Maybe you didn't realize at the time how fortunate you were things happened in divine order, for your higher good. As you reflect, write down your blessings in this little book and give thanks. From time to time, turn back the pages and read your notes, and give thanks again. The more gratitude you feel, the more thanks you give, the more blessings will return to you. That's a fact. Try it and see, with the help of this Gratitude Journal. 100 days to say Thank-You and change your life!.



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-- **Timothy Lynch**